

Sea Kayaking the Mani Peninsula

THE REGION

The Mani is the southernmost peninsula of Greece, stretching on the central “finger” of the Peloponnese. The Mani is wild, rugged and has one of the most dramatic and varied scenery in Greece, still underexplored. Here everything is dramatic and bewitching. Stone seaside fishing villages, rock made tower houses, Byzantine chapels, delightful coves and beaches, mysterious caves hidden in a rocky coastline are only some of the features of this unique region.



Major geological processes have endowed the insides of the land of Mani with true monuments to nature, filled with charm and mystery. The mythical mountain range of Taygetos, touches the sky on its highest peak at 2407 meters, creating a natural boundary between Mani and the rest of the Peloponnese. This feature kept the locals isolated and free during a controversial past, creating a solid local culture and character through an independent way of life. A visitor will be overwhelmed with images of authentic Greece. Hospitality is very strong here in the Mani, the food and wine are Greece's best.

TRIP OVERVIEW

DURATION

8 DAYS

DISTANCE

100 KM

SEASON

APR – JUNE SEPT - NOV

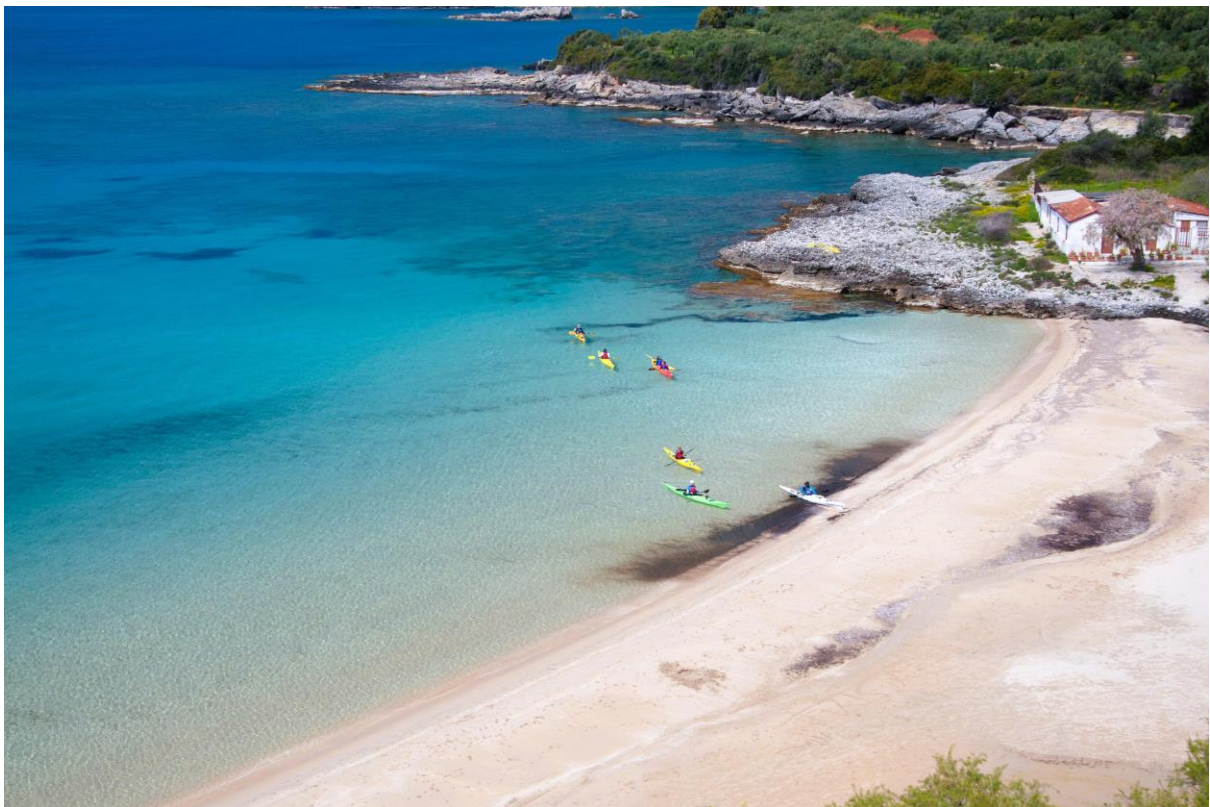
This trip is a unique sea kayaking adventure in one of Europe's southernmost areas. We paddle along the entire coastline of the western side of the Mani peninsula exploring inch by inch a remarkable, stunning, and versatile coastline and visiting the region's most important sights. Launching from Kalamata we head south aiming to cover a distance of 100 kilometers to the tip of the peninsula in cape Tenaro. This is a coastal navigation trip where we actually paddle from village to village and settle in picturesque harbors and remote beaches. A fascinating experience combining the region's most beautiful and essential sites with a lot of fun, action, and kayaking. A trip into the environment, history, mythology, and local culture of a unique region still unexplored such, supported by our team who will be with you all the way ensuring all your needs are catered.



DAY 1

ITINERARY	OVERNIGHT	DISTANCE	KAYAK TRIP
ARRIVAL DAY- DRIVE TO KALAMATA	HOTEL	0 KM	0 HOURS

Arrival day. Meet your guide and the rest of the group at the agreed time (latest 17:00h) at Kalamata or Athens airport for a drive to your hotel in Kalamata beach. Settle into a cozy hotel and enjoy a glass of ouzo overlooking the Mediterranean Sea. Your guide will make a briefing for what is going to be followed the next six days. Evening walk at the old town of Kalamata and welcoming dinner at local taverna.



DAY 2

ITINERARY	OVERNIGHT	DISTANCE	KAYAK TRIP
FROM KALAMATA TO KARDAMYLI	BEACH CAMP	16 KM	5-6 HOURS

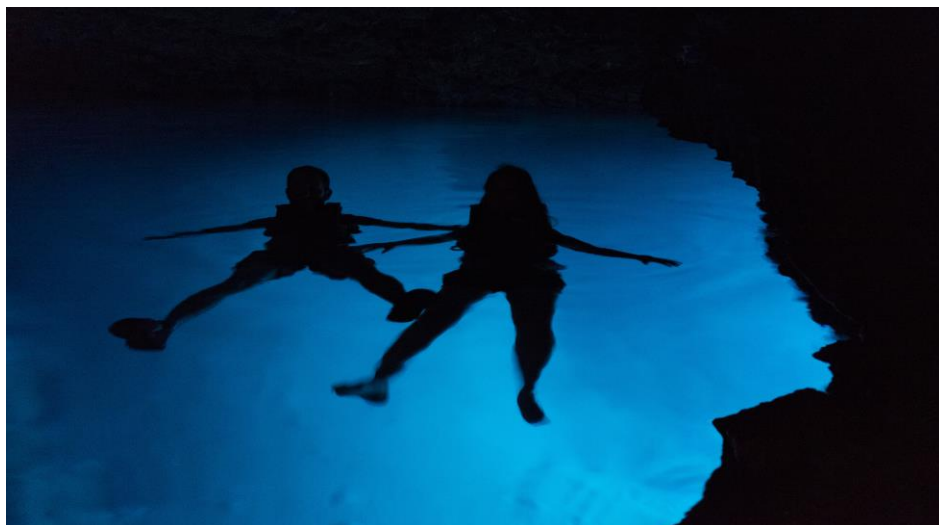
Awake and energize with a delightful breakfast. Your kayaks are already at the beach waiting for you. Adjust the kayaks to your size and you are ready for a float. Our journey begins from the sheltered brace of the Messinian gulf heading south east. The first 7 kilometers take place next to scattered coves until the fishing village of Kitries with its distinctive lighthouse. Leaving back the lighthouse the scenery soon becomes rough and rugged. There are 12 km towards the end of our journey until the village of Kardamyli. A hidden sandy beach midway will offer us a place to rest, enjoy our picnic and snorkel around! We finish the day at Kardamyli beach. Here we set up camp for a magical night under our million star hotel. Dinner at the beach carefully prepared by your guides who are also great cooks.



DAY 3

ITINERARY	OVERNIGHT	DISTANCE	KAYAK TRIP
FROM KARDAMYLI TO AGIOS NIKOLAOS	~HOTEL	14 KM	5-6 HOURS

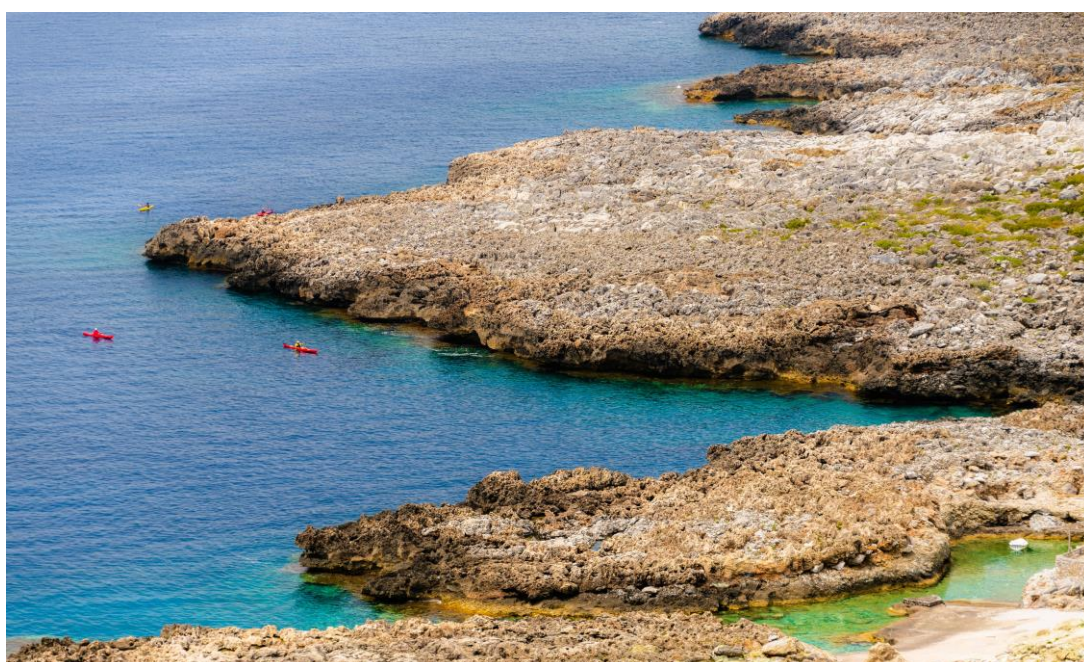
Wake up and enjoy a morning swim at the mesmerizing waters near your beach camp. Your second paddling day starts from the old port of Kardamyli heading south along a lacy coast. In this part of our journey we will enjoy hidden coves and mysterious sea caves many of which will be explored with our kayaks. One of the main attractions here is a visit to the Blue Grotto. A spectacular natural phenomenon where sunlight passing through a crack in the cave reflects an aquamarine color on the seabed. A swim in the cave is a must and an unforgettable experience. We will cover approximately 14 km paddling in crystal clear warm waters and near spectacular rock formations. We will have the chance to stop for lunch at the famous Kalogria beach beach and Agios Nikolaos with its scenic harbor. We finish the day paddling to the fishing harbor of Ag. Nikolaos. We settle at a cozy family run guesthouse. We meet later on for a tasty dinner at a traditional tavern near the picturesque harbor of the town.



DAY 4

ITINERARY	OVERNIGHT	DISTANCE	KAYAK TRIP
FROM AGIOS NIKOLAOS TO LIMENI	BEACH CAMP	18 KM	5-6 HOURS

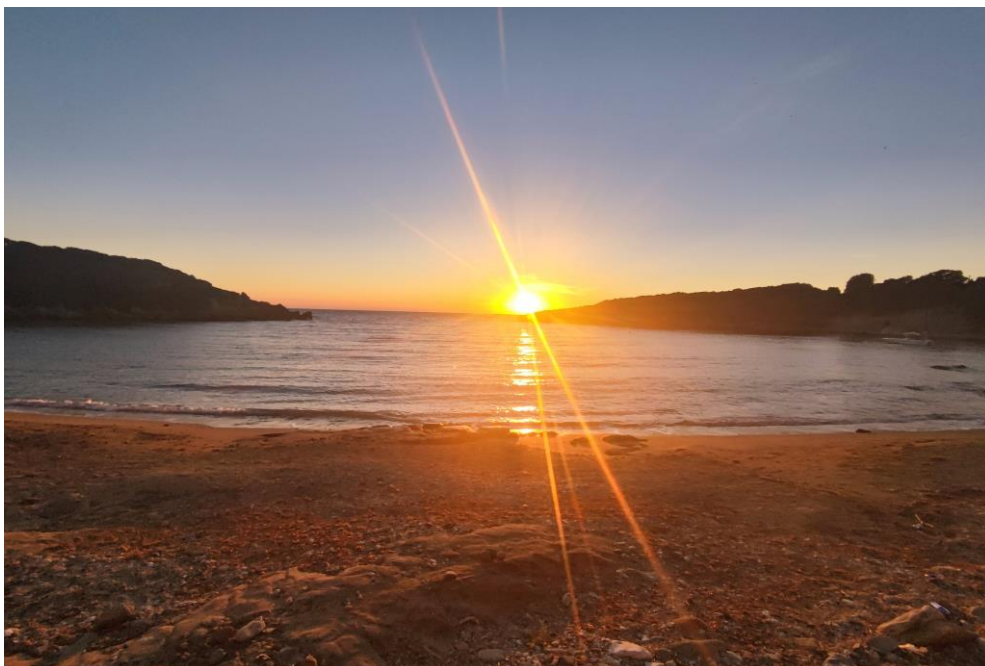
Breakfast at the hotel and departure. Today we leave a rather friendly region to enter a drier region with an even more rugged coast. After Ag. Nikolaos distances between seaside villages increase and available exit points are limited. Along the way, we come across the Katafygi cave. The cave is the bed of an ancient underground river, believed to be the old bed of the current underground river which flows into the sea 200 meters from the cave. The village of Chotasia is well known for its natural salt pans. In the past, people collected sea salt as a source of life. After a total paddling distance of 18 km, we arrive at the picturesque village of Limeni literally built where the waves lap the foundations of the houses. Here we set up camp for a magical night under our million star hotel. Dinner at the beach specially prepared by your guides.



DAY 5

ITINERARY	OVERNIGHT	DISTANCE	KAYAK TRIP
FROM LIMENI TO MEZAPO	BEACH CAMP	18 KM	5-6 HOURS

Breakfast at the beach overlooking the bay of Limeni. Today we will sail along a coast with many coves between impressive cliffs and a navy blue sea to the old port of Mezapos. Along the way, there is an optional stop to visit the Diros Caves, one of the largest sea caves in the world with an intricate network of passageways and galleries, decorated with sparkling stalagmites and stalactites. We continue to row south in search of a small "fjord" offering an exit point. A place well worth visiting, ideal for taking a break to relax with a snorkel and enjoy a picnic of fresh local produce. Covering a total distance of 18 km, we arrive at the sheltered bay of Mezapos, a secluded port used in the 17th century as a hiding place for local pirates. Here we set up our campsite and enjoy our home-cooked dinner while listening to stories and legends of the history of the pirates of this port.



DAY 6

ITINERARY	OVERNIGHT	DISTANCE	KAYAK TRIP
FROM MEZAPO TO GEROLIMENAS	HOTEL	16 KM	5-6 HOURS

Early breakfast and departure for a rather challenging day. On this paddling day, the most jawdropping views of the trip are expected to be seen along the way around Cavo Grosso, a huge solid rock that forms a continuous cliff for almost ten kilometers. This day of paddling is probably the hardest as we have to paddle a big leg with no real exit point. A hidden cove along the way allows us to approach closer to the rock stop for a while and enjoy this totally rugged and isolated place. Here we can rest and enjoy our lunch at a spot that is only accessible by sea kayaks. We arrive in Gerolimenas around noon and settle hotel quoted just next to our landing point. Dinner at a local seaside taverna of our choice.



DAY 7

ITINERARY	OVERNIGHT	DISTANCE	KAYAK TRIP
FROM GEROLIMENAS TO CAPE TENARO	HOTEL	18 KM	5-6 HOURS

Breakfast and preparation for our last day of paddling. Departing from Gerolimenas, we head south to Cape Tenaro, the southernmost tip of the European continent. Paddling along the coast, we admire the fortified settlements seen on land depicting the defensive atmosphere of the region. On the hill, the village of Vathia stands with its many tower houses offering images of the past and the way the inhabitants lived. Halfway, we stop to rest and enjoy our picnic on the beautiful secluded beach of Marmari. We pass the legendary gates of Ades, one of the mythical gates of the underworld, and soon we arrive under the lighthouse of the cape. Soon we land at the beach and celebrate with a glass of wine the end of an incredible adventure 100 km along the Mani peninsula. In the afternoon we return to Kalamata for a farewell dinner and overnight.



DAY 8

ITINERARY	DISTANCE	KAYAK TRIP
DEPARTURE TO ATHENS AIRPORT	0 KM	0 HOURS

Breakfast and departure from Kalamata to Athens airport for a return flight. Halfway through we will head to the Corinth Canal for a quick stop to visit an engineering marvel. A project that spanned centuries, it was designed by a ruler of ancient Corinth, started by Roman Emperor Nero and completed in the 19th century. Arrival at Athens airport according to your flight.



TRIP FEATURES

KAYAK COACHING

PERSONAL PERFORMANCE SKILLS

PADDLING

ROLLING

BRITISH CANOEING SEA KAYAK COACHING

SKILLS

CLINICS

As highly experienced instructors and being Approved British Canoeing as award providers, we have found that including the coaching sessions into a Sea Kayaking trip works best with the best results. This approach allows the whole group to be involved and the coaches can drip feed information allowing guests time to practice and gain confidence before moving on. First timers and beginners are welcomed. Over this tour, we aim to improve your sea kayaking skills and practical skills for a fun and safe time on the water while we explore the fantastic coastline of the Mani.



FOOD & MEALS

GREEK CUISINE

FULL BOARD

HOTELS

PIC-NIC

TAVERNAS

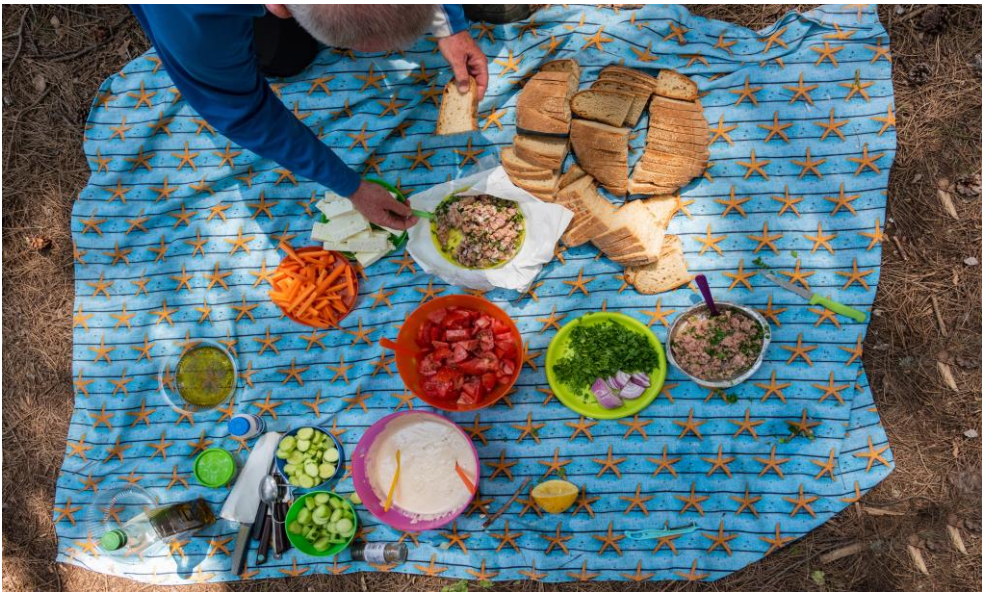
AUTHENTIC GREEK CUISINE

BREAKFAST

LUNCH

DINNER

When you travel to Greece, the food is one of the highlights. Our cuisine reflects the history and bounty of our region and draws on fresh, seasonal local produce and generally simple, no-frills cuisine that brings out the rich flavors of the Mediterranean. Whether you dine in a local tavern or prepare your own food during the day, our meals are pure Mediterranean, nutritious and tasty. Breakfasts will be provided by the hotels, with top quality local products from a rich buffet of hot and cold delicacies, sweets, fresh juices and all kinds of coffees. Your kayak guides are all experienced cooks. They will offer you during the days of kayaking a delicious picnic consisting of fresh bread, local cheeses, fresh hand-picked vegetables, delicious dips seasoned with local herbs and of course seasonal fruits. They will also cook for you during camp days. Dinner will be served in local taverns. Your guides recommend the best of Greek cuisine for you.



TRIP FEATURES

ACCOMMODATION

LODGING

4 HOTEL NIGHTS & 3 BEACH CAMPS

COMFORT

CAMP AND HOTELS

The trip is provided as “Comfort style” meaning that our accommodation is taking place 5 nights at cozy hotels and 2 nights beach camp. During our stay at hotels and after a salty day, we shall return to our cozy hotels where hot showers and comfortable beds are waiting. During camping days imagine landing your kayak on a stunning beach, setting up camp for the night, sitting around a driftwood fire as night draws in, and preparing your own food. The trip is provided with the support of a vehicle with trailer carrying all our food, luggage, and equipment. This means that we shall never compromise on comfort.



4X4 VEHICLE & MINI BUS

AIRPORT TRANSFERS, BAGGAGE TRANSFER AND ASSISTANCE

Included in this sea kayaking adventure is a 4X4 vehicle with a trailer available daily with your personalized driver to give you an extra helping hand with your daily needs. The tasks of our 4X4 vehicle are to store and transport the kayaks when needed. To support, during camps with camping equipment, kitchen utensils, etc. To transfer your equipment, bags, and luggage of any size to the next accommodation. Your airport transfers will be supported by state-of-the-art 9-seater minibuses offering comfortable transportation as well as room for any bags or luggage and equipment you may bring. Comfort, so you can have fun on the water.



RATES

BASED ON GROUP NUMBER OF PARTICIPANTS

Inclusions

- 4 nights Hotel lodging based on double room, 3 nights beach camp
- 6 fully guided – fully supported paddling days
- Full Sea Kayak equipment (kayaks, paddles, PFD's, sprayskirts, 1 small drybag etc.)
- Full camping gear for camp nights (Tents, mats, sleeping bags)
- Full kitchen gear during camp overnights
- Air transfer from/to Kalamata or Athens airports for the whole group.
- All local transfers as described in the plan.
- Everyday baggage transfers – support vehicle
- Meals included: 7 breakfasts, 6 lunches, 7 dinners
- Professional, multilingual BC sea kayak trip leaders
- Rolling instruction and paddling performance skills instruction
- Safety equipment (first aid kit, repair kit emergency phone, VHF)
- High quality photographs from the trip
- All taxes

Not included: Flights, tips for the guides, travel insurance, drinks/ soft drinks / alcohol, anything not described above.

Prices per person 2025

8- 16 pax €1700,- per participant

Single kayak + €120,- per participant

Single room + €220,- per participant

CONTACT AND BOOKING



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